THE

Akashic Record Reading

Course

PART 2

The Archangelic Realms

In the last two modules, you learned which information is needed to access a soul record and you learned how to check for and circumvent barriers to accuracy for your Akashic Record readings.

Now you are ready to ask questions about your clients in the Akashic Records. But of course, you need to know what to ask, and you must have a frame of reference through which the information can come. That is what this module is all about.

Questions to Ask in the Akashic Records

Below are fifteen questions — these are the questions that we ask as part of an Akashic Record reading.

These carefully-worded questions enable you to research:

- Your client's **soul's history**, including past lives; where the soul came from and even what the soul has been working on in between earthly lifetimes.
- What your clients' **inherent gifts and strengths** are, on the soul-level
- The **life lessons** that your client is learning right now

Your findings will allow the client to see how their soul shapes their human identity, and their personality. The answers to these questions will make for a very interesting reading.

Here are the questions that make up this reading:

1. What is this soul's primary Archangelic realm of training?
2. Is there a secondary Archangelic realm of training? If so, what is it?
3. What is the soul group of origination?

4. Is there another place/star system that has featured strongly in this soul's past?

5. What is this soul's primary life lesson for this lifetime?

6. What is the percentage of completion for this primary life lesson?

7. How many secondary life lessons is this soul working on for this lifetime?

8. What are they?

9. Which are the three most significant 'trainings' that this soul has had between lifetimes?

10. In which earthly periods of history has this soul experienced great strides in their growth?

11. Which earthly spiritual traditions or religions has this soul participated in?

12. Is there a secondary Godspark? Where is it? How long has it been with the client?

13. Are there further soul gifts which are not embodied within the archangelic realm/soul group of origination, that may be communicated to the client? If so, which are they?

14. Which is the client's strongest intuitive gift, at this time?

15. Is this client an empath? If so, which kind?

The Importance of Understanding

In order to understand the answers you receive, you need to understand the questions you are asking! In this chapter, I will explain any new terms, one by one. I will also provide the frame of reference you need in order to receive answers to the questions.

In this first lesson, we are going to focus on the meaning of the first two questions:

What is this soul's primary archangelic realm of training?

Is there a secondary archangelic realm of training? If so, what is it?

The Archangelic Realms of Training

What is an 'Archangelic realm of training'?

If you have read or studied any New-Age material (and even if you have not), you will have heard of Archangels. The work of Doreen Virtue and others means that Archangels such as Archangel Michael and Raphael have become well known sources to call on for spiritual protection and healing.

Unlike human beings, Archangels do not evolve — they are already Divine beings and perfected God energy. Instead, their work from God is to hold certain energetic frequencies so that all may access these energies.

Every Archangel in existence presides over a realm. We call these Archangelic realms. These are actual 'places' in the Universe that hold a particular energetic frequency that is needed for earthly evolution.

There are seven principal archangelic realms that we work with while we are incarnated on Earth. (These seven energetic realms are also embodied in our physical bodies as the seven main chakras.)

Our souls work with all seven energies while we are incarnated here, but we also choose one realm to study and specialize in, and in doing so we become a representative of that realm for this lifetime. It's as if we become experts at bringing that particular energy into our lives and the lives of others.

Expressing our archangelic realm is a major component of our soul's identity and purpose here on Earth. People tend to identify strongly with their archangelic realm of training.

All human souls have a primary archangelic realm of training. Sometimes, a soul will have a secondary archangelic realm of training, which means that the soul has chosen two realms to embody and express. This means that the qualities and characteristics of both realms combine and both will apply.

How This Fits Into the Soul's Path of Evolution

As some souls specialize in two archangelic realms of training, instead of one, we may conclude that the longer a soul incarnates on Earth, the more realms the soul will study and choose to embody. It is most common to find that the client embodies one realm for this lifetime. However, upon asking, you may find that your client embodies two or three realms and relates to both or all of them. Clients with two or three realms of training may find that they express one realm at the beginning of their life and then another may become dominant later on.

Here are the characteristics of each of the seven realms:

The First Archangelic Realm (Archangel Auriel)

(Auriel is written 'Uriel' in many religious and spiritual texts.)

Keywords: Compassion, nurture, tolerance

This realm is associated with the root chakra and is presided over by Archangel Auriel.

Compassion

Those with their primary training in this realm have compassion as their most defining quality. These people are extremely compassionate and they have many traits that arise from this compassion, such as patience, tolerance and a tendency to nurture, and give.

This gift is of course expressed a great deal in relationships — these people make incredible friends, parents and partners because of their focus on human welfare.

If you could embody the energy of this realm in an archetype, it would be the hospitable earth mother who takes people under her wing. If people knock on her door hungry, she feeds them and sends them away full. Her giving comes from compassion. According to Susann Taylor Schier, author of the book Soul Mastery, Mother Teresa embodied this realm.

Earthiness

When you think of the root chakra, you may think of qualities such as earthiness, groundedness and a connection to the physical side of life.

Those with their primary training in this realm usually have a strong connection to Earth and to reality. Even if they open up to their spirituality, their inherent groundedness means they will not lose themselves in the spiritual realm.

They are oriented towards the physical plane and like to provide and care for people on this level. There is often a love of food and physical nourishment that comes with this realm. And there is a tendency to take pleasure in the simple, physical things of life, such as a good meal and a warm bed.

These people have a special connection to nature. For example, they love working with Earth magic. They often have an affinity with grounded spiritual traditions such as Native American spirituality and they sometimes enjoy working with crystals and gemstones.

These people often have a protective streak which is directed towards their friends and family. Environmentalists can often have this energy centre of training, too.
I rarely come across clients with this realm of training. To date, I have read for only two people with this realm of training, and those clients were my best friend and her boyfriend, who did not really believe in psychic abilities. They were my practice clients when I was training to read the Akashic Records (and they unfortunately were not open to the spiritual side of life!)

My suspicion is that people with this realm of training are so grounded and oriented towards the physical that they do not often seek out psychic readings or spiritual healing. However, you might still attract these people as clients – we all attract different clients because we all have different approaches.

The Challenge of Being an Aurielite

(*An Aurielite means someone with their training in this realm – the realm of Auriel.)

Boundaries

Those with their training in this realm have so much compassion that they do not like to see others go without. When they get out of balance, this may result in them taking care of others at their own expense and allowing others to rely on them to a degree that is unhealthy. These people may be having (or have had) learning experiences which teach them the value of having good boundaries and empowering others to look after themselves.

I already mentioned that those with their primary training in this realm are often protective towards friends and family. Ironically, these people are not usually as proficient in protecting themselves and some can be easily manipulated, especially when they are younger. They are so compassionate that others may see them as a 'soft touch' — an easy target to take advantage of.

How Aurielites Stay in Balance

Aurielites need to spend time in nature in order to stay in balance. Nature is a source of strength for them, especially if they live in an urban area. Not spending enough time in nature means that they can struggle even more with the challenges mentioned above — the tendency to have moveable boundaries and to give too much to others. Spending more time in nature is a pleasant way in which these people can remain in balance and feel strong.

The Second Archangelic Realm (Archangel Zadkiel)

Keywords: birth, growth, money, material success.

This realm is associated with the sacral chakra and is presided over by Archangel Zadkiel.

The sacral chakra is the chakra of creativity, abundance and sexuality. It is located just below the belly button. It is in this area that children are conceived, growth happens, and things are created.

Material Success

People with their primary training in this realm are here to teach us about material success and financial abundance. They remind us to enjoy the riches of life — both spiritual and physical.

This realm is an antidote to old spiritual teachings which correlate spirituality with 'going without' or with making a virtue of austerity. The presence of these people reminds us that we do not have to 'store our riches in heaven' and also that making a good living is not out of alignment with spirituality. Some entrepreneurs, business people and internet marketers might have their training in this realm.

The sacral chakra is also associated with enjoyment of life and sensuality. This realm reminds us to enjoy abundance in its broadest meaning of the term — and that means all of the good things in life — that can only be experienced on the physical plane.

Creation and Birth

These people are good at making things happen and earning a good living.

They may be on a spiritual path, but they are also highly practical, resourceful and concerned with success and their finances.

These people do tend to have a connection with the birth process. This makes them helpful people to have around for any kind of birth, whether that is a physical or metaphorical one. I was taught that some of these people are involved in the physical birth process, as midwives. Another industry associated with this realm is the building industry — you may come across clients with their training in this realm who work in construction or architecture.

I do not often encounter these people in my practice — I have only come across a small handful of people with this training, out of the several hundred I've read for in the past. Perhaps many of those who have this training are too busy making things happen to come in for a reading.

The Challenge of Being a Zadkielite

Greed or Money Issues

Although these people do teach us that we do not have to transcend the physical world in order to be spiritual, for some there may also be a big focus on material and financial success without any sense of spirituality. Again, you will rarely read for those who have this imbalance, simply because they won't be interested in this type of reading.

Additionally, those who have their primary training in this realm are good at earning money but do bear in mind that their prosperity will depend on how much negative 'stuff' they have in their aura. Some people who have their training in this realm can be very poor and have financial issues. They may have picked up a belief early on that having plenty of money is shameful or greedy. When these people clear out negative 'stuff' from their aura, it will help to return them to their natural state of creativity and resourcefulness.

Finishing What One Starts

As mentioned above, those with this training have a special affinity with the creation and birth process. Although some are equally concerned with growth as they are with birth, some of these people do not enjoy finishing projects. This doesn't have to be a problem as long as they surround themselves with people who can continue what has been started.

The Third Archangelic Realm (Archangel Zophkiel)

Keywords: balance, art, aesthetics, justice, harmony.

This realm is associated with the solar plexus chakra and is presided over by Archangel Zophkiel.

Balance

Those with their training in this realm teach us about balance.

Often they enjoy a balance of the arts and the sciences — for example, a scientist who has a love of the arts, or an artist who has an interest in science.

These people like to be balanced in the middle. They really make a point of bringing balance where there is conflict between polarities. They are very good at seeing both sides of a story and often find it hard to make decisions or come down on one side of an argument.

Art & Aesthetics

Those with their training in this realm will often have a career or a strong interest in something artistic or aesthetic. Painters, fashion designers, gardeners, couturiers, musicians, graphic designers and interior designers often have their training in this realm. These people enjoy beautifying things and have a strong sense of creativity. This realm may also express itself through enjoyment of making beautiful things and crafts (as a hobby).

Sometimes this sense of elegance can be expressed in other areas too. For example, computer programmers often have this training, because they are good at finding elegant solutions to problems. Those who have this training may also be artistic with words.

These people love to create beauty and elegance and they remind us that we all need to be surrounded by beauty.

Justice

This is also the realm of cosmic law and order, and fairness. Those with this training have an inherent sense of fairness and justice. They are honest and fair in their dealings with others, even when it doesn't serve them. They can be disappointed when other people behave unfairly.

Harmony

These people are harmonizers, both in their work relationships and in personal relationships — their very presence in a group seems to smooth things over and create harmony. They are very good at resolving conflicts and being mediators, partly because of this soul urge for harmonious relationships and also because of their inherent ability to be balanced in the middle and to see both sides of a story.

The Challenge of Being a Zophkielite

Perfection

These people love to get things 'just right'. In some respects this can be a strength because Zophkielites hold themselves to very high standards. However, Zophkielites should remember that perfection is only a quality of the Divine – and we are human. They may be able to indulge their high standards while simultaneously refusing to allow the pursuit of perfection to take over. This is a very fine line; one that Zophkielites are treading all the time. If these people allow the pursuit of perfection to take over, they can become stressed and give in to procrastination and a fear of actually getting started on projects.

Fence–sitting

Because these people are so good at seeing both sides of a story, they can sometimes sit on the fence and refuse to take sides when it comes to important issues.

Balance — Teaching What You're Here to Learn

Ironically, these people can sometimes struggle to maintain balance in their own lives. Many of them don't see the importance of play and having hobbies in their lives and will focus solely on work. Zophkielites do best with a balance of structure and freedom in their lives, but many will eschew this balance in favour of going further in the direction of their current imbalance. Yet at the same time, they are still bringing the energy of balance into the world in a variety of ways.

Like the Aurielites who are protective towards friends and family but often fail to protect their own boundaries, Zophkielites are also teaching what they are here to learn — balance.

The Fourth Archangelic Realm (Archangel Raphael)

Keywords: Healing, love, empathy, giving.

This realm is associated with the heart chakra and is presided over by Archangel Raphael.

Healing

This is the archangelic realm of the natural-born healer — these people radiate healing and love energy. They are very loving and giving and they usually give with no thought for what they might receive in return.

They have very open, sincere hearts, which they wear on their sleeve.

Note that Raphaelites are often healers in the 'being' sense. They are unconditionally accepting of others and as a result, they have a healing, soothing presence that is very nice to be around. They often attract the emotionally troubled or wounded for this reason and they make loving, caring and understanding friends. They bring healing through the power of love and acceptance.

Note that this healing gift does not have to be expressed through a career, although it is sometimes expressed in that way. I often encounter doctors, dentists, acupuncturists, nurses and counsellors with this realm of training. It is the realm of all kinds of healing — physical, emotional, spiritual and mental.

The Challenges of Being a Raphaelite

A Focus on Self Care

These people are learning to take care of the self first. Their natural inclination will be to give, give, give, until they have nothing left. Often they will have had difficult learning experiences which have caused them to realize that caring for the self must come first, otherwise they have nothing to give to others.

I have often heard of the heart chakra as being described as a fountain. The more you fill it with care and nurture of the self, the more that overflows and you have to give to others. If you don't fill it with anything for the self, there will simply be nothing to offer others. Raphaelites have often learned this the hard way.

Choosing Their Friends Well

Raphaelites are naturally very empathic and may take on other peoples' pain and difficulties as their own. They may establish an unequal exchange of energy in their friendships and other relationships, without even noticing. Then they may wonder why they get depleted from being around other people.

Raphaelites must be reminded to take note of whether there is an equal exchange of energy in all their relationships. Not everyone who comes to them for a shoulder to cry on wants help or healing — some people are very invested in their emotional wounds and negativity and may simply want to complain or vent. This will be draining for the Raphaelite. Those with their training in this realm need to remember that not everyone wants to do what is necessary to be healed, and that they do not have to give to everyone.

The Fifth Archangelic Realm (Archangel Gabriel)

Keywords: Communication, self-expression, teaching, learning.

This realm is associated with the throat chakra and is presided over by Archangel Gabriel.

Those with this training are natural-born communicators, with a strong desire for authentic self-expression. They love to impart information, knowledge and wisdom to others.

Careers that are associated with this realm include writers, teachers, journalists, bloggers, speakers, salespeople, musicians, sound therapists and psychic-mediums. These people feel a very strong need to share their opinions and thoughts with other people. If they do not have a strong self-expression component to their life and career — such as teaching, speaking or writing — they can quickly become frustrated. Quite simply, they need to be heard. When they are heard, they feel appreciated.

I have noticed that some of these people have the 'gift of the gab' and are excellent speakers and conversationalists. Others with this training may not consider themselves good communicators in the speaking sense, but if that is the case, they will usually be gifted writers or teachers.

Teaching and Learning

Gabrielites are natural-born teachers and I have noticed that many of those trained in this realm have chosen teaching as their career path. They are usually as enthusiastic about learning as they are about teaching — because of this, they are often found to be taking classes and courses in their spare time and they are very open to new information and wisdom. Gabrielites may wonder why

they have such a passion for learning, especially if it's the kind of learning that doesn't appear to be helping them to achieve their material goals. They need to be reminded that learning is part of their soul's purpose. All Gabrielites are in a cycle of learning and teaching, and later on they may choose to pass on to others all that they have learned — Gabrielites love to do this. Taking the role of the teacher allows these people to access knowledge and wisdom they weren't even aware of having!

The Challenges of Being a Gabrielite

Finding an Interested Audience

Gabrielites absolutely need an outlet for all the energy that runs through their throat chakras. When they don't have one, they can easily fall into imbalance and they may just aim their opinions and knowledge at anyone, regardless of whether their audience is interested. These people need to make sure they create or find the right audience for their message.

Being 'Preachy'

Sometimes these people can be so keen to express their opinions and when others don't listen to them, they can become frustrated and 'get on a soapbox'. It is a good idea for Gabrielites to ensure that their advice and opinions are solicited and asked for. They may sometimes come across as 'preachy' and this may result in them wondering why others aren't listening to them.

When the Gabrielite falls into imbalance and feels unheard, they can become judgmental and feel that their way is the only way. The best way for a Gabrielite to avoid these behaviours is by finding a suitable outlet for creative self-expression — whether that is through work, or a hobby.

The Sixth Archangelic Realm (Archangel Michael)

Keywords: Divine Truth, intuition, clarity and protection.

This realm is associated with the third eye chakra and is presided over by Archangel Michael.

Bringing Clarity

This is the realm of Divine Light, which illuminates that which is hidden or unclear. As a result, one of the biggest gifts a Michaelite has is his intuition and perceptiveness. Michaelites see the world very clearly — they are experts at seeing through the lies, half-truths and illusions around them. They can bring clarity to others.

Protection & Tough Love

Those with their primary training in this realm embody the archetype of the spiritual warrior and protector. Michaelites are usually very protective of their loved ones and of their community. They are not the kinds of people who struggle with drawing clear boundaries in their lives and they may even attempt to interfere and draw boundaries on behalf of their loved ones who fail to protect themselves (this typically over-protective Michaelite behaviour often comes across as overbearing to others!)

Truth-Seeking

Michaelites are truth-seekers and protectors of truth. They are extremely principled and have a lot of integrity. They look for the truth, and are willing to face it, even if it is not pretty.

They are not only truth-seekers, but they also speak the truth — they call a spade a spade. Because of this, they are known for their very direct and blunt way of expressing themselves. Other people can sometimes be hurt or offended by the Michaelite's direct way of communicating, which will be puzzling to the Michaelite, as he is simply expressing what he sees as the truth.

Many of these people have very strong and clear-cut opinions which can seem rather black and white to those with a more flexible outlook.

The Challenge of Being a Michaelite

Diplomacy

One of the biggest lessons for the Michaelite is tact and diplomacy. Some people with this training come across as uncompromising and direct in their self-expression. Their spiritual lesson is to communicate in an inclusive way, so that they do not alienate others.

Growing up with this realm of training can present certain challenges:

Michaelites have a dedication to truth from an early age and as children they often point out what they can see — even making observations which are embarrassing or inconvenient for their parents or caretakers. Sometimes their truth may not be validated or they may be discouraged from expressing what they perceive, which can be undermining, since it can cause them to gradually lose confidence in their perceptions.

The Seventh Archangelic Realm (Archangel Kamiel)

Keywords: Power, dynamism and sensitivity to energy.

This realm is associated with the crown chakra and is presided over by Archangel Kamiel (also called Chamuel.)

Power

All individuals trained in this realm show us how to be balanced in our personal power. These souls will have experienced misuse of power in previous lifetimes — this has usually involved having experienced being powerful to the point of becoming abusive and also having experienced imposing self limitations on their own power for fear of misusing it. In balance, they show us how to be in our greatest power. They like to empower others and teach us the importance of self-authority. These souls are the least likely to be found in co-dependent relationships. They do not enjoy giving away their power to others and if you try to give away your power to a Kamielite, they will not be impressed!

Those who have their primary training in this realm often enjoy the Law of Attraction teachings and the idea that we are responsible for, and attract what shows up in our lives — it is because this empowers them to create. They must be aware that they co-create with their soul (and with God) to create their life and that not all of the responsibility for creating one's life lies with the human self.

Dynamism and Movement

Kamielites are 'movers and shakers' — energetic people who get things done and pursue their goals.

This realm really enjoys movement. Kamielites excel in astral travelling, and are also good at moving energy around the body in the form of hands-on healing and should be encouraged to try modalities such as Reiki, Reconnective Healing or Polarity — these techniques will come to them very easily!

Energetic Perception

Those with their training in this realm are highly perceptive, energetically speaking.

A Kamielite will often identify as a 'Highly Sensitive Person' (the term coined by Elaine Aron) and some of them will identify as empaths too. These people need solitude to recharge their batteries. It is important for Kamielites to be aware of this, otherwise they may wonder why they feel unsociable or depleted. Children and teenagers with this training need a quiet environment to come home to, after school or nursery.

Transformation and Change

Kamielites enjoy helping others to create change in their lives. In many respects they are healers but their approach differs greatly from the Raphaelites. Where the Raphaelite heals and soothes in the emotional sense, Kamielites are more likely to empower and encourage you to create and change what you need to, in your life.

The Challenges of Being a Kamielite

Doing Too Much

Kamielites are very dynamic and some of them find it difficult to relax and just 'be'. They often do too much and take on too much.

Issues With Power

Kamielites are certainly teaching others about balance in personal power, but a few of them may still have issues with their own personal power. They may shy away from their own power because they equate being powerful with having power over others. That is the most common scenario when issues are present. A few Kamielites may go in the other direction and become manipulative in their power.

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Presenting This Information to Clients

When you do reach the point of passing on the information about the client's primary and secondary archangelic realms, I don't recommend referring to these trainings as 'archangelic realms'. This terminology can bring up some resistance as not everyone believes in angels or archangels, so a different term like *'energy centre of training'* is often more appropriate, depending on the kinds of clients you'll work with. 'Energy centre of training' is the term I use.

(Note: if you use this term, remember not to confuse 'energy centres' with chakras. A soul is always trained in a realm, not a chakra!)

Depending on your personal style as a reader, you might not even want to explain to your client the energy centre of training and what it is. You could simply say "these are your soul gifts" and "these are your soul's challenges".

At the end of this course, there is an entire section on presenting your findings to your practice clients so you do not need to concern yourself too much with this right now.

The Value of Knowing Your Archangelic Realm of Training

Sometimes when a client comes to you for a reading, they will be seeking information on the light-worker purpose or spiritual 'mission' that they are to fulfil.

Many people think that the soul's purpose is something they need to 'do'. But passing on information about a person's archangelic realm is about pointing out what a client is already doing, so that she can start to value it more and become conscious of it. Note that the archangelic realm is not always the thing you spend most time doing. Instead, it is often the underlying message or reason behind your work and the way you interact with people. (Sometimes there can be a 'doing' aspect to the archangelic realm too, but it is mostly the 'being' side of a person — the message they naturally and unconsciously bring to the world.)

It's very nice to be able to point out to people how they are already fulfilling their soul's purpose and have been doing so their entire life.

The archangelic realm of training is also of great value to you as an intuitive. I use the archangelic realm of training in career readings (more on that in the next level...)

Even if the client requests a reading on an unrelated matter, such as making a decision, I often look up the client's Archangelic realm of training because I like to know who the person is on the soul level, and what matters to that person. You can find out a lot about a person's values by their archangelic realm of training.

The archangelic realm of training is certainly interesting information to look up about family and friends and doing so will help to familiarize you with each of the seven archangelic energies and how they are expressed in real life. (You may look up this information about your loved ones later on, once you have completed several practice readings.)

The Importance of Understanding

Before you dowse to find out your client's archangelic realm of training, you will need to do the following:

1. Read through the material on the archangelic realms at least twice

2. Listen to the audio lectures on the archangelic realms

3. Complete the worksheet in the workbook called 'The Archangelic Realms' 4. Wait a couple of days for the information to sink in before you dowse

The reason why you must wait:

When you dowse with a pendulum, the information goes from your Akashic Record Spirit Guides, to your Higher Self, to your subconscious mind, to your conscious mind. So, both your conscious and your subconscious mind are involved in the dowsing and therefore, both must be familiar with this new frame of reference. In order for that to happen, you will need to 'sleep on it', so that the new information has a chance to integrate your subconscious mind.

At this point, please complete the worksheet (which can be found in the workbook) called 'The Archangelic Realms'.

How to Dowse for This Information

When you're ready to dowse for your practice clients' Archangelic realms of training, the two questions to ask are:

1. What is this soul's primary archangelic realm of training?

2. Is there a secondary archangelic realm of training? If so, what is it?

To dowse for your answer, ask "Is this soul trained in the first realm of training (Auriel)?" and continue until you have located the right realm of training.

(It may take a while at first, but after a bit of practice, you will become very quick at it. Once you are more experienced at this, you may develop an instinct for your client's archangelic realm before you have even dowsed. When this happens, you can simply check on your hunch, which speeds up the process.)

Next, you can dowse on the question "Is there a secondary archangelic realm of training?" And if your answer is yes, go through all the realms until you find the right one.

Again, if you wish, you may ask the questions above for all of your practice clients in the same sitting.

If you do this, once you are done with one client, you do need to see yourself giving your practice client's Akashic Record back to your Akashic Record Spirit Guide and say *"my session with _____ is complete for now, thank you."* Then breathe on your pendulum, giving it a quick wipe and intend for the pendulum to be cleared for the next client. Then proceed to ask for the next practice client's soul record by giving her personal information. When you leave the Akashic Records, do remember to use the 'logging off' prayer:

Creator of all Beings, Akashic Record Keepers, my Higher Self, Divine Archangels, Ascended Masters: I separate my aura and soul from those of any beings I encountered during my research I cut all psychic ties to any souls I engaged with during my research.

The records are now closed. It is done; it is done; it is done.

Soul Groups of Origination

In the last lesson, you learned how to answer questions one and two of the Akashic Record reading, relating to the Archangelic realm of training.

In this lesson, you will learn how to answer questions 3 and 4 out of our list of 15 questions:

"What is the client's soul group of origination?"

"Is there a second place/star system that has featured strongly in this soul's past?"

What is the Soul Group of Origination?

The soul group of origination is governed by the star system that the soul chooses for its very first incarnation. The energy of that star system becomes a permanent part of the soul's energy and identity.

As an analogy, think of a woman who is born in Japan. Let's say this woman lives mostly in Japan until early adulthood and as a result, that culture really leaves its mark on her identity and personality. Then let's say our Japanese woman moves to the US.

This woman is always going to carry with her certain characteristics from having grown up in Japanese culture.

This is how soul groups of origination work — in our first few incarnations, we 'absorb' the energy of the star system and this shows itself as certain characteristics that we carry with us always.

Along with the Archangelic realm of training, the soul group of origin is one of the most important indicators of personality, gifts and the life lessons a soul faces.

Why We Research This Information on Behalf of clients

There are over twenty different soul groups. Each group has a collective past which governs their challenges and their gifts. It can be very validating for a client to know why they feel as they do and why they are good at some things but find other aspects a challenge.

In my experience having read for several hundred clients, this information is also **highly accurate** as an indication of the soul's gifts and identity, and your client will almost always relate to the characteristics of their soul group of origin.

But yes, this information is rather 'out-there' and wacky!

As you know, I like to keep my material as down-to-earth and as practical as possible, so that my students don't get 'freaked out' (and also so that our clients remain open to what we have to tell them!) However, this is one place where I will make a little exception.

I began using the information on soul groups of origination many years ago, and I am still researching it on behalf of my clients simply because I find it to be an extremely accurate marker of personality and strengths. It is truly invaluable information for us to pass on to our clients, so if you are feeling a bit uncomfortable right now with the idea of soul groups and star systems, please suspend any judgments and remain open to the information you are going to learn.

And do not worry — you certainly do not have to talk in terms of star systems or soul groups when conversing with your client, if it makes you feel uncomfortable. At the end of this module we will talk more about how to 'package' your findings in this area.

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'Other Star Systems'

Now let's look at question four:

"Is there a second place/star system that has featured strongly in this soul's past?"

With this question, you'll see that we are not only concerned with the very first place of incarnation, but also with other star systems which might have left their mark on the soul's identity.

Let's go back to the example of the lady who grew up in Japan and eventually settled in the US. In between living in Japan and living in the US, let us say that she also lived in an African culture for five years and really integrated into that culture. As a result, she is carrying some of the African culture with her too, so at the point of moving to the US, her cultural background is a mixture of Japan and Africa. Perhaps the Japanese culture would be more dominant, but up until now, both have featured in the person's background.

This is also how it works with soul groups of origin. Sometimes there can be another star system or place that is not the soul's first place of incarnation, but which also figures strongly in the soul's past; in their formative 'years' as a soul. The energy of that place will also have become part of the soul's energetic 'make up', leaving a mark on the soul's identity and characteristics.

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Categories – Soul Groups of Origination

We can divide souls here on planet Earth roughly into three groups:

1. Souls who experienced **their very first incarnation on Planet Earth** and have since only ever experienced incarnations here on Earth (these are called 'Earth souls')

2. Souls who have experienced **their very first incarnation in another star system, and we know which one** (these are called 'star travellers')

3. Souls who have experienced **their very first incarnation in another star system but we don't know which one**, nor does it matter for that soul (instead, the soul's identity comes in large part from a particular role the soul plays here on Earth.)

You have perhaps already heard the term 'star traveller' or 'star seed'. Souls belonging to groups two and three are star travellers.

Star travellers are fairly easy to spot — they are quite different from those souls who have only ever experienced Earth incarnations. According to the Akashic Records, about 22–23% of the Earth's population are star travellers.

Star travellers tend to identify as light-workers — they know intuitively that they're here to contribute their energies and gifts, in order to raise the vibration of Earth and to raise the consciousness of Earth's people. Star travellers usually feel connected to the spiritual realm and motivated in their spiritual and personal development. Because of this, they often have a lot of energy focused in the upper chakras (in the throat, third eye, and crown chakras) and this may be at the expense of the lower three chakras (the root, sacral and solar plexus.) Star travellers are different from Earth souls because they come in with an entirely different perspective (and agenda). Star travellers are a bit like expats in a foreign country — they do often seek out similar company and they can feel out-of-place and as if they don't belong, especially if they're only surrounded by Earth souls.

Now that we've discussed the star traveller souls, let's talk more about the souls who are native to Earth.

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The Blueprint for Planet Earth

Before we can fully understand the role of the Earth souls, we must first understand the reasons behind this planet as a place of evolution and growth for souls.

Why do souls incarnate here?

Why was this place conceived and created in the first place?

These look like very big questions, however, the Akashic Records offers answers to both of these questions.

The blueprint for Planet Earth means its original design and purpose. The purpose of planet Earth is to be a place of evolution for souls, first and foremost. This is an 'Earth school', where souls can come and grow spiritually.

In fact, huge amounts of growth on the soul-level can result from incarnating on Earth. And many brave souls (i.e. you and I!) queue up wanting to incarnate here for this very reason.

Why Does So Much Growth Happen on Planet Earth?

Because on Earth we experience life in four principal ways: through the emotions, the mind, the body and the spirit.

This may seem awfully obvious to you, yet consider that in some star systems, there is no physicality and no way to experience life in a body. In some places there is no emotional aspect, so no way to have a life with all the richness and complexity of emotions that we can experience here.

So, the original design and purpose of the Earth plane was for souls to incarnate here and experience growth through living in the spirit, body, the mind and in the emotions simultaneously.

Did I Mention That This is Difficult?

I don't need to tell you that this is a challenging and complex undertaking for a soul to choose — I'm sure you have already noticed that life here is not always easy!

One of the reasons for the difficulty is because the physical plane is far removed from the spiritual plane and so it is not always easy to remain connected to one's soul and to God when incarnated in a physical body. Moreover, it is not easy to manifest the gifts of your soul into the physical, and to remember who you are and where you came from. The concerns of the physical plane can weigh heavily, and a connection to Source can be easily lost.

Another source of the difficulty lies in our reliance on the physical plane. Obviously we cannot exist here on Earth without certain physical conditions and again, this is only a feature of a place that sustains physical life in the third dimension.

Souls choose to incarnate here because we get a lot of growth from navigating life with the complications and challenges of human emotions, work, the physical body and its needs, the existence of free will to create our lives, the spirit, and the intellect. Throw in the concepts of space and time (which are not features of all places of

incarnation) and you have a very interesting challenge — one that induces growth in an unparalleled way. Indeed, Earth is considered the 'Mount Everest' of spiritual challenges among the souls who incarnate here.

Spiritual Connection & Intuition

An important feature of the Earth blueprint involves co-creating with God and with our souls and this means expressing who we are on the soul level into our earthly lives. For this to happen, ideally we would be able to communicate with our souls and our helpers in spirit, through the means of intuition.

The Energy Streams

As part of the Earth blueprint, we should also remain connected to certain universal energy streams such as Divine Love (which manifests as the energies of compassion, kindness and respect) and which is accessed primarily through the heart chakra. There are other energy streams too, such as Divine Power, which may be accessed through the solar plexus chakra and crown chakra. And not forgetting Divine Truth, which may be accessed through the third eye chakra. Divine Abundance is also embodied in the diversity of life forms which are present here. When we are disconnected from any of these universal energy streams, it shows up in an imbalance in one of our chakras, and of course in our lives.

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In conclusion, spiritually-speaking, Earth is a very unique place, with very unique laws and features, and it's all geared towards one thing — growth!

Earth Souls

As mentioned, Earth Souls are those souls who have experienced their very first incarnation on Planet Earth and have since only ever experienced incarnations here on Earth. So, this is their home world.

The majority of souls incarnated here are Earth souls (the percentage is thought to be around 75-77% of the Earth's population.)

The mission/purpose of the Earth souls is not a complicated one — they signed up simply to experience the original Earth blueprint in action; to experience staying balanced and connected to the spirit while in a physical body.

However, Earth souls tend to live very much in their physical aspect. They are usually very engaged with human life in all its practical and physical aspects. They are often drawn to having a family. In addition, they love nature and are often the ones farming the land.

Most Earth souls have experienced multiple incarnations here. They may not have the breadth of experience that many star travellers do, but they are used to the original Earth blueprint and they can show star travellers how to comfortably live here on Planet Earth. Remember that some star traveller souls come from places where there is no physical or emotional aspect and so they may find incarnating here even more challenging, plus they may be naive about how things function here.

Earth souls on the other hand are like those people who are born in a town that they never really leave and who die in that same town — they know their home patch inside out, but their experience is restricted to home.

Earth souls are interested in knowing all there is to know about Planet Earth and may be involved in disciplines like geology, geography or meteorology.

It is unlikely that you will come across many Earth souls in your readings. You may have some Earth souls in your life, but in my experience they do not often request a reading of this kind. Unlike star travellers, they do not often have much interest in spiritual matters. They are not usually the types of people who philosophize and ponder the meaning of life. Instead they are the doers and those who really engage with life and live it to the full. Unlike some star traveller souls, Earth souls are very invested in this planet, with all its beauty and hardship.

Homework:

List 5 ways in which you perceive that souls incarnated now are living **out of alignment** with the original Earth blueprint.

For example:

- Are we all living through the mind, body, spirit and emotions?
- Are all humans connected to the energy streams?

See if you can come up with specific examples to illustrate.

Log in to the members areas to see some suggested answers (these can be found under 'earth blueprint homework'.)

So, at this point you will have an understanding of the original Earth blueprint, and you also understand the role of the Earth souls in that blueprint.

Now, we will discuss those souls who were responsible for the Earth blueprint. These souls are called 'the Blueprinters' or 'the Blueprinter souls'.

The Blueprinters

The Blueprinters fall into the category of souls who have experienced t**heir very first incarnation in another star system but we don't know which one**.

Blueprinters come from many different worlds (so, they are classed as star travellers) but unlike other soul groups, we can't define them by their origins, since we don't know the exact origins of the Blueprinters. Instead, we define them by their role in the evolution of this planet, since the Blueprinters were the group that received the mandate from spirit to create this 'Earth school'. They designed the original Earth blueprint and they are still in charge of upholding it. So, the leadership of Planet Earth lies with these Blueprinter souls.

As you would expect, all Blueprinter souls are invested in and committed to Earth as a place of evolution for souls. When incarnated, they often come across as very

responsible individuals. In addition, all Blueprinter souls hold this original blueprint in their spiritual DNA. This means that Blueprinters seem to know what the Earth blueprint is and they intuitively recognize it.

There are six sub-groups within the Blueprinter soul group — each sub group has a specific role within this Earth school. Most Blueprinter souls belong to one sub group, however it is possible to belong to two or more.

The first sub-group that we will discuss is that of the Blueprint Originators.

The Blueprint Originators

The Blueprint Originators were responsible for designing and overseeing the Earth blueprint. They worked with a council of beings to design the concepts of this place. The Blueprint Originators can be likened to the computer programmers who design a computer game. The game in this case is life on Planet Earth.

The specialty of the Blueprint Originators has always been in creating and designing new worlds wherever they go, so they have a great deal of experience in designing and overseeing new places of creation.

The Observer Role

When the Blueprint Originators do incarnate, they don't usually fully engage with life. Instead they take on the role of observer and oversee things from a distance. They have the ability to see the bigger picture of planet Earth. As a result, they have a great deal of wisdom and an expanded perspective to offer us. When they incarnate, they usually have an unshakeable, lifelong connection to Spirit and some of them may present themselves as spiritual guides and teachers.

Most Blueprint Originators have not experienced many incarnations here and as a result, they can struggle with certain aspects of being here on Planet Earth. For example, they often have difficulties with the emotional aspect of life here. They also dislike the limits that language places on our ability to communicate — this is perhaps because they are very intuitive and telepathic!

These souls also dislike many of the negative aspects of incarnating here. They do not understand or like authority, and authoritarian use of power. They often have a problem with fear being used as a motivator. In short, they can be quite critical of the way society functions.

The Blueprint Originators don't incarnate very often, and when they do, it is usually at major potential turning points. They often incarnate en masse when there is an opportunity for people to make a shift and align themselves further with the original blueprint, such as in times of war, turmoil and disaster. The Blueprint Originators have actually been incarnating recently and many of them are children right now.

To summarize, Blueprint Originators are the designers, overseers and observers of the Earth experiment. When they incarnate, they seem to carry these roles with them into their earthly life.

The Blueprint Designers

The next Blueprinter sub-group is the Blueprint Designers. The name of this soul group is a little misleading because the Blueprint Designers did not design the blueprint. Instead they brought beauty and aesthetics to the many life forms present here.

Unfortunately, we know very little about this soul group. (I have never read for a Blueprint Designer.) I feel that Blueprint Designers are too busy being creative to bother with spiritual or intuitive readings. My sense is that they exist in a creative world of their own.

In their careers, it is likely that they will be found working in a creative field, such as graphic design.

The Blueprint Technicians

The Blueprint Technicians were the engineers of the Earth experiment — they took the designs of the Blueprint Originators, with the added specifications of the Blueprint Designers and they implemented these.

These souls set up the interaction of the physical with the spiritual. They also set up the structure of our energy bodies, including the chakra system, the meridians and the interaction between the nervous system, endocrine system and the energy body. Additionally they set up the various layers of our energy field, such as the mental body, the emotional body and the spiritual body and they programmed our twelve strands of DNA.

It should not be surprising then that Blueprint Technicians have an innate understanding of human energy anatomy.

An Interest in Systems and Processes

Blueprint Technicians are very interested in 'how things work'. They are good at examining systems, processes, structures and organizations in an analytical way, in order to improve them. Blueprint Technicians see things in a very literal way and their way of working is very methodical and linear. Because of this, they often have a career or an interest in fields such as genetics, engineering, chemistry, microbiology, biology or linguistics.

These souls are extremely detail-oriented, to the point that some of them may have obsessive- compulsive tendencies. They can get bogged down in the details and they seek perfection of function in whatever they do. Blueprint Technicians are extremely intelligent. Although they embody the power of the intellect, some Blueprint Technicians can be slightly arrogant in their intelligence and think they 'know it all'. Some Blueprint Technicians like to point out where other people are 'going wrong' and they may offer unsolicited advice and help to others, which is not always well received. Their intelligence is very much a left-brained one. As a result, they can sometimes be lacking in the creative intelligence of the right-brain.

The Blueprint Deliverers

The mission of the Blueprint Deliverers is to ensure we keep a connection to Divine Love. Divine Love has many different manifestations, including compassion, acceptance, kindness and respect. Blueprint Deliverers emit these energies and through their interactions with others, they remind us that we have access to respect, love, compassion and kindness at all times.

This is not something the Blueprint Deliverers have to work at doing — it is something they do very naturally and unconsciously. They just make people feel cared for and valued.

The Blueprint Deliverers essentially help people who have forgotten who they are on the soul-level; those who have forgotten that they are spiritual beings. They soothe those people who are disconnected from Source and living in fear.

Because of their ability to bring the energies of Divine Love, they are often working in roles where they have a lot of interaction with others — especially the underprivileged. They are often social workers, educators or hospital workers and some of them work for charities. They may sometimes be found working with the homeless or with those who have drug problems. In my experience, they prefer to work with people in a 'hands-on' way — you don't often find them working in an office job. The typical Blueprint Deliverer is much more likely to be found working in the public sector than in the private sector.

Blueprint Deliverers care very much about helping others improve their circumstances, in a practical way and they care about social issues.

Another defining characteristic of the Blueprint Deliverers is optimism — Blueprint Deliverers generally see the glass half-full. They work to uplift, 'nourish' and encourage others to bring out their best. They are cheerleaders — for Divine Love and also for the potential of other souls.

One of the challenges that Blueprint Deliverers face is sensitivity. Blueprint Deliverers can easily become bogged down by the environments they work in, and they may identify heavily with the people they work with, to the point that their own vibration is lowered significantly.

The second significant challenge that the Blueprint Deliverers face is fear of rejection. Unconsciously, these souls fear that Divine Love will be rejected and that their help will be rejected. As a result, the Blueprint Deliverers are not usually particularly forthcoming or forceful in the way they help others, even when they need to be. Some of them can be a little on the timid side. As a result, they may prefer to express their gifts in an 'official' capacity (i.e. in a capacity where their help is not likely to be refused).

The Blueprint Translators

Blueprint Translators are very concerned with that part of the blueprint which says that we are to experience life through the body, emotions, mind and the spirit — simultaneously. In particular, they are here to remind us of the balance between the physical and the spiritual. These souls know that we are meant to be connected to our souls while incarnated in a physical body and they are passionate about helping others to manifest the gifts of their soul into the physical.

They are called the Blueprint Translators because they 'translate' the original Earth blueprint into a form that is easily digestible for people who are very mentally or physically oriented — they remind us of the spiritual side of life, but they do this in a very down-to-earth way. They live the spiritual side, rather than philosophizing about it, or flaunting it. If you ask a Blueprint Translator what their spiritual practice involves, they may be puzzled because their spirituality is very integrated into their lives. Yoga is a practice that is often beloved of these souls, because it has a physical component in addition to the spiritual component.

Blueprint Translators are also highly grounded, down-to-earth people. As such, they are able to bring grounded energies to spiritual people who are out of balance.

Blueprint Translators are very good at translating and explaining concepts in general, so that others can understand them. They are skilled in using examples to ground concepts and they are able to translate difficult-to-grasp information into more understandable formats.

Eckhart Tolle, the author of the book 'the Power of Now' is an example of a Blueprint Translator — someone who has taken a spiritual concept and turned it into something more digestible for people who might not be so interested in New Age material.

Interestingly, Blueprint Translators seem to have a connection with languages — they are often bilingual or even trilingual. Some of these souls will have also studied foreign languages or computer programming languages. I regularly encounter Blueprint Translators who are working as computer programmers or language translators.

Here is an excerpt from an online article which I feel sums up the energy and purpose of the Blueprint Translators rather well:

Over dinner, Judith looked at me and said: "So, Kate, tell me about your spiritual life." It was phrased so directly and simply that I was caught off guard and I didn't know what to say.

The first thing that popped into my head was, "What spiritual life?" Despite having started daily practices such as meditation, morning pages, pranayama, yoga, dancing and a gratitude journal, I've never really stuck with something that I do every day. I don't pray in any sort of recognizable fashion, and on Sunday mornings I'm usually at brunch with friends or sleeping in.

The first thing that popped into my head was, "What spiritual life?" Despite having started daily practices such as meditation, morning pages, pranayama, yoga, dancing and a gratitude journal, I've never really stuck with something that I do every day. I don't pray in any sort of recognizable fashion, and on Sunday mornings I'm usually at brunch with friends or sleeping in.

But after a beat, I realized my whole life is my spiritual life. Just as there is little divide between work and play for me, every waking and non-waking moment is infused with the Divine. Smiling at babies is a spiritual practice. Flirting at a bar is a spiritual practice. Taking a deep breath is a spiritual practice. I commune with the Divine through chocolate, romantic comedies, sex, asparagus, a good novel and a good cry.

The Blueprint Changers

(Also sometimes referred to as the 'Blueprint Correctors'.)

The Blueprint Changers help to heal certain difficult aspects of life here. They frequently incarnate into difficult and traumatic situations, such as abuse, incest and victimization. Once they have experienced such a situation, they then recover from it and help others to heal the same situation or experience. They are sometimes born into war zones or places with a lot of turmoil and violence. The Blueprint Changers as a group research the negative aspects of life here and then feed information back to the Blueprint Changer soul group about such experiences.

The Blueprint Changers understand suffering and they have a survivor's compassion. Even if your Blueprint Changer client has not suffered in this lifetime, they will still understand and have great empathy for the suffering of others, and this is the great gift they bring to the world.

Your Blueprint Changer client may not have suffered in a dramatic way in this lifetime (for example, in a situation involving war or abuse), but she will have survived and recovered from SOMETHING in particular and her life purpose will usually involve helping others to recover from the same experience.

Homework:

Please complete the worksheet in the workbook entitled '*Soul Groups: Gifts and Challenges – Worksheet One*'.

Note: this worksheet can also be accessed and printed off via the 'members' area.

Module Three, Lesson Two (Continued)

Star Traveller Soul Groups of Origination

In the last lesson we covered the Blueprinter and Earth souls. In this lesson, we will look at the other star traveller soul groups that you will come across during your readings.

Maldec

Those with their origins on Maldec are called Maldecians.

Maldec was a planet once orbiting between Jupiter and Mars. It exploded around 50,000 BC and is now the asteroid belt between those two planets. The explosion on Maldec stripped the surface of Mars and shifted the axis of the Earth, which resulted in our 365 day orbit around the sun, instead of the original 360 day orbit. Pieces of Maldec also struck Earth following this explosion.

The Maldecians were a combative soul group, whose mental faculties had evolved to such an extent that their emotional side got left behind. As a result, even now Maldecians have strong intellects, often at the expense of their emotional side. They can struggle with emotions but have rather strong left-brain qualities, such as

analytical skills and problem-solving abilities. In my experience, Maldecians can appear somewhat serious in their manner.

The Maldecians as a group feel displaced and feel the loss of their planet very deeply. A specific behaviour that has come out of this experience of loss is the careful examination of all possible consequences of their actions. As a result, the actions that the Maldecians do take in life are very strategic and deliberate.

Sirius

Souls who come from the Sirius star system are called Sirians.

The most defining trait of the Sirians is that they are always looking for ways to improve themselves
— they are very interested in personal development and self-improvement.

Not only are they interested in self-improvement, but they are also interested in improving the world around them. This includes their work, the systems they work within and they also enjoy helping others to improve themselves. Sirians like to take a system that is functioning poorly or adequately and find ways to make it function exceptionally well. If they had a motto, it would be “let’s find a better way”.

The Sirians as a group are very willing to examine their own faults and shortcomings, in the spirit of improving themselves. They know it is the only way to improve, and so they are not afraid to do it.

This constant desire and openness to improve is the unique gift that the Sirians bring to this world.

The Purpose of the Sirians

The Sirians have always been interested in spiritual growth and improvement, right from the very beginning. They have a soul mandate to bring in the codes for spiritual advancement - they always seek to be on the cutting edge of evolution — both technologically and spiritually.

Sirians often choose to incarnate at times of great change and at ‘heightened times of civilization’

— when technological progress and spiritual evolution are accelerating here on Earth. Atlantis and Ancient Egypt were examples of periods in history when there was a high concentration of Sirian souls, because these were times of heightened civilization. Sirians are also incarnating frequently at this time — the present is certainly a time of heightened civilization. In the last one hundred years or so, huge technological (and spiritual) advances have been made.

Making 'Projects' of People

Sirians expect others to be as interested in evolution and improvement as they are. Unfortunately, this is rarely the case! Because Sirians love to improve themselves (plus they are very service- oriented), they can also fall into the trap of wanting others 'get on track' in their lives. Put simply, they like to make 'projects' of people. Sometimes Sirians may try to teach people who do not want to learn.

Sirians often think they know exactly what is best for other people, and this can lead to a lot of frustration. They can also make the mistake of wishing other people would evolve much quicker. However, some people are happy to grow at a slower pace and Sirians need to remember that everyone is in the perfect place on their path!

Sharing Knowledge Indiscriminately

An additional challenge for the Sirians is their tendency to share their knowledge inappropriately, in a desire to be of service. As a group, they love to help others spiritually evolve and move forwards.

Sometimes this can mean they will share their valuable knowledge and wisdom with anyone who is willing to take it, without considering who the person on the receiving end is and what their intentions might be.

Technological Advancements

The Sirians as a group have developed highly advanced technologies in their home world. Some of these Sirian technologies have inspired inventions here on Earth, particularly in the area of computing, telecommunications, lasers and the Internet.

Some of the technologies the Sirians developed in their home world included crystal devices and etheric implants, which were used for tracking and telepathic communication purposes. Note that all Sirians hold a connection back to their home world in the form of an etheric implant in their energy body. Consequently, they have

the ability to communicate with the beings from their home world. A lot of channelled material has come from the Sirians in this way.

Sirians have a special fondness for technology and tools, and they are always looking for technological tools and spiritual techniques that can improve our quality of life.

Sirian Technology and Destruction

I was taught that Sirian technologies and knowledge, shared inappropriately, have indirectly brought about the destruction of civilizations and worlds (including Atlantis and Maldec.) The Sirians as a group feel responsible for (and have been blamed for) some of the conflicts and warfare that have occurred in our solar system and in other star systems, due to the inappropriate sharing of knowledge that has gone on.

These past events exist in the Sirian collective consciousness and consequently all Sirians will be subconsciously aware of them. Because of these past events, they often experience an inhibiting sense of caution and a fear of coming forward with their knowledge and power, without exactly knowing why.

They often fear the consequences of their actions and they fear taking risks. Sirians often expect that things will 'blow up in their face', simply because for the Sirians, 'things' literally have blown up (i.e. Maldec.)

As a result, a common Sirian behaviour is to avoid stepping into their power. They 'hide their light under a bushel' and avoid the limelight — most Sirians certainly do not like to attract attention through their achievements.

Sirians are learning that this time around, things do not have to end in the same way as Atlantis or Maldec — and that they do not need to fear their own power. Their power and knowledge are needed here — plus many of them they have already learned the consequences of sharing their advanced knowledge and power with those whose intentions are not good.

Organisation, Planning & Structure

Sirians love organisation and structure — they bring a sense of structure and logic to any project or task. They are usually very organised in their own lives – many of them love to make lists, spreadsheets and use their calendars. Sirians are rather logical —

they love clear methods and processes. They also like to plan ahead and they often make back-up plans (in case plan A fails!)

In my experience, Sirians can love planning so much that they can sometimes get stuck in the planning stage. Some Sirians may even use planning as a way of procrastinating on taking action. Others may get very attached to the beauty or efficiency of their plans and may find it difficult to shed the plan even when it is no longer useful or needed.

As you can imagine, because of their organised and motivated nature (and strategic skills) Sirians often do well in fields like accounting, project management and finance – some of the Sirians you come across WILL be working in these fields. When you come across Sirians who work in a more creative field, they will still bring a strong sense of structure and organisation to what they do.

I personally often read for Sirians who are working in areas such as project management or accounting and who wish to shift to something more aligned with the totality of their soul gifts. This usually involves helping other people in their personal development or using some kind of spiritual tool or technology that can help to improve peoples' quality of life.

Conclusion

Sirians tend to be motivated, organised and goal oriented. As a result, they are often found to be vigorously pursuing their goals and experiencing success in both their personal development and careers.

When this is not the case, it is almost always because they are afraid of their own power and are haunted by past memories of things 'blowing up in their faces'.

Many Sirians that you read for will be experiencing success in one or two areas of life, but will exhibit patterns of fearing their own power in other areas of life. The Sirians who are incarnated at the moment are working very hard on repairing their relationship with their own power and as a group they are evolving rapidly at this time. Many of my Sirian clients report feeling a great urgency to finally step into their potential and reach their goals.

Mintaka

Mintaka is a star located in the star system of the Orion constellation — it is the third star in Orion's belt. The Mintakans occupied Arturvia, which is a planet in the Mintakan star system (Mintakans take their name from their star, not the planet.)

The Mintakans were the first group of star travellers to come to Earth (only the Blueprinters have been here longer.) This group of souls has been incarnating here for at least 250,000 years.

They first came to assist in the 'Earth experiment' which was natural for them, as Mintakans love to be of service and to help others to grow. Since Mintakans have been incarnating here such a long time, many of them have wearied of the Earth experiment and long to 'go home'. I have heard many Mintakan clients say that they hope this is their last incarnation here.

Mintakans and their Relationship to Divine Light

One of the reasons the Mintakans have grown tired of the Earth experiment is because of the negative aspects of life here. The Mintakans as a group have an extremely high alignment with light, which means that they do not understand darkness — they could not be nasty, cruel or malicious if they tried. They simply do not understand those who make choices that are cruel or destructive. Indeed, they have very little patience for war or hatred on this planet (most Mintakans do not watch or read the news for this very reason!)

A big part of the Mintakans' mission is to show us that 'light is all there is'. The Mintakans as a soul group have always remained 100% loyal to Divine Light. This simply means that they do not understand the need for polarization on Planet Earth, especially the need to experience darkness in order to understand the Light, and the need to experience negativity in order to know positivity.

Mintakans know that darkness only has the power that we give it — and that what you focus on expands. As a result, they tend to focus on Light and the good things, and through doing this they uplift others – this is one of their great gifts.

Spiritual Faith and Connection

All of the Mintakans I have encountered have had a strong, unshakeable connection to spirit. They tend to know that a higher power exists and they have a deep faith that

God is looking after them – and that things will work out. Because they trust in God, they are good at taking leaps of faith.

Mintakans as Bringers of Positive Energies

Mintakans see the good in every situation — they are experts at finding the 'silver lining' in any cloud. Even in difficult situations, they are able to see the positive, even if the only positive thing is what they have learned through the difficult situation.

Souls that have spent time in Mintaka always see the light side, and they bring very light-hearted energies. They are of course very optimistic and positive people — and these positive, uplifting energies are the gift that they bring to this world.

Mintakans naturally look for the good in others and they usually think the best of people. When people disappoint or hurt them, they are forgiving and may give people a second, third or even fourth chance – they do like to give people the benefit of the doubt.

It is as if the Mintakans are cheerleaders for other peoples' potential — they see what others could be. They can often make excuses for unacceptable behaviour and they can be disappointed when they realise that their vision for other peoples' potential has taken the place of reality. Mintakans are sometimes considered naive by those around them — especially when it comes to relationships.

Mintakans often have more compassion than is good for them! They may gravitate towards those who are depressed, lost, and even those who are not well-meaning. They may engage with those who want power over others and those who aren't particularly nice people! Mintakans may find themselves getting burned as a result and through experiences such as these, they learn to be more 'street-wise'.

Mintakans love to help others live their potential — and sometimes they can see other peoples' potential so clearly that they long for it to be fulfilled. When this happens, they can become controlling and too invested in other peoples' outcomes.

Arturvia, Home and Water

Arturvia as a planet is no longer habitable, and as a result, Mintakans have a strange longing for home, without knowing where their home is. Perhaps this is why Mintakans tend to be real home- bodies — most seem to love spending time at home.

Arturvia was a utopian water world. The water was transparent, clear and illuminated all the way to the bottom of the ocean. As a result, Mintakans have an interesting relationship with water — most Mintakans hate being in dark or very deep water. Some Mintakans hate being in water altogether but they do draw some comfort from having water around them. Many Mintakans choose to live close to a body of water or the ocean. If they have a pool in their back garden, they may love to sit on the edge, but will not usually want to get in!

Mintakans have a longing for utopia, which they know is not planet Earth. They miss a world where there is no stress, hardship, conflict or suffering. This is one reason why many Mintakans are not keen to reincarnate here.

Nihal

Nihal is a star in the constellation of Lepus. It is also known as Beta Leporis. Nihal is the Arabic name for this star.

Indigo Children and Intuitive Ability

Nihal souls are often labelled 'Indigo' or 'crystal' children because they have psychic and telepathic gifts which are in evidence from an early age. They have been incarnating in large numbers in the last few decades. A few Nihal souls have incarnated before the seventies. However, I was taught that as they are fairly new to Planet earth, the older ones are not so comfortable in their bodies, and some may even have neurological issues.

The Nihal Souls as Spiritual Leaders and Bringers of Change

Nihal souls, like the Sirians, incarnate at times when the Earth's evolution is accelerating. They are essentially young spiritual leaders who are here to bring change and teach us how to do things differently. Nihal souls often seem 'young' even when they are older — this is perhaps because they highly progressive and modern in their outlook. They challenge people unconsciously through subverting the status quo. They tend to be explorative, playful and experimental people by nature.

Childlike Energies and Naivety

Nihal souls can be quite naive about the way the world works. They may not understand societies and how they function. They often need to be consciously

taught the 'rules' for the society that they live in. As a result, they can sometimes do very 'different', subversive or shocking things, without even meaning to shock others.

Their home, Beta Leporis, is adjacent to the Sirius star system and many souls who have their origins in Nihal choose at least one Sirian parent. There seems to be a certain affinity and connection between the Sirian and Nihal souls.

Arcturus

Arcturus is a star in the Boötes constellation. Those who have their origins in Arcturus are called Arctureans.

Arctureans Are Rare

Arcturus as a place of incarnation resonates in the seventh dimension. By contrast, Earth resonates in the third dimension (which is of course far removed from the seventh dimension!) As a result, Arctureans don't usually like being in physical form and they do not incarnate here very often.

They are more often found on Spirit Guide teams and as non-physical teachers and they are more comfortable with this role.

An Affinity for Intuition, Spirituality and Metaphysics

The Arctureans I have come across have all been highly spiritual, intuitive and intelligent people. Like The Blueprint Originators, they often present themselves as spiritual teachers or guides.

Because of this, Arctureans often have a career in the area of metaphysics or healing. As a soul group, they deeply respected and have a reputation for being highly evolved. They have a strong desire for spiritual service.

Staying Grounded

Because Arctureans are more comfortable in the higher dimensions, staying grounded can be a challenge for them while they are incarnated. They often have difficulties with the practical aspects of life — many of them wish they could eliminate certain 'tedious' physical tasks altogether (like washing or eating.) The Arctureans that you do come across in your practice may present with an imbalance

between the upper and lower chakras (i.e. too much energy in the upper chakras, at the expense of the lower ones.) This manifests as a lack of grounding.

Mars

Mars was rendered uninhabitable following the explosion on Maldec. Since then, souls from Mars have been incarnating here, but have never felt very comfortable here. Their presence was never meant to be permanent and they are not very invested in this place, in the way that the Blueprinters and some other star travellers groups are. Because of this, they usually keep a low profile. They do not like to put the spotlight on themselves, and can come across as somewhat withdrawn and secretive.

Like the Maldecians, those from Mars feel displaced; like they do not belong here. Some of them still have not accepted what has happened to their home planet. Martian society had a lot of structure to it and was male-dominated.

Souls from Mars often look unusual. They can sometimes have an unusual body shape or type or disproportionate facial features.

Alpha Centauri

Alpha Centauri is the closest star system to our sun (i.e. the neighbouring star system.)

The Alpha Centaurians came here as the 'self-appointed guardians' of planet Earth — they see their collective spiritual purpose as being to protect Earth against negativity. As a result, they are usually highly protective of their families, loved ones and communities and they make excellent neighbours and providers.

Alpha Centaurians have many attractive qualities — they are loyal, dependable, self-sufficient, strong and hard-working. They also have a very practical approach to life and they can place a lot of importance on things working efficiently (although sometimes they can place too much importance on functionality and practicality.)

Alpha Centaurians & the Mental Body

Alpha Centaurians are much more comfortable operating in their mental body than in their emotional body. For this reason, they have very strong analytical skills and well-developed intellects.

They are excellent problem-solvers.

On the other hand, many of them have difficulties accessing, naming and processing their emotions. Alpha Centaurians are much more likely to bypass their feelings and conceptualize what they feel rather than actually feel it. They can also have issues understanding the emotions of others. Because their approach to life is so practical, they can miss out on the emotional aspects of a situation.

This does not make them uncaring, but it can sometimes seem that way, especially to people who are more emotional and demonstrative. To compound this, Alpha Centaurians do not tend to be physically affectionate, even with their families, because they have unique energy fields that they like to keep pure.

Many Alpha Centaurians consider themselves to be natural loners, and this can bother them. They are so self-sufficient that they do not feel they need much company or affection from others. Every Alpha Centaurian I ever have read for has related to this statement. Indeed, some Alpha Centaurians may see this as an issue they need to 'work on', in order to improve themselves or their relationships. Alpha Centaurians are well served by remembering that their liking for solitude is a part of who they are. It can also be a positive thing: Alpha Centaurians can do solitary work that others will shy away from – such as writing or researching. Plus, self-sufficiency is not a bad thing.

As a soul group, they are highly advanced in the technological sense and when incarnated, they often have a special affinity with technology and systems.

Homework:

Please complete the worksheet in the workbook entitled *'Soul Groups: Gifts and Challenges – Worksheet Two'*.

This worksheet can also be accessed and printed off via the 'members' area.

Hadar

Hadarians come from Hadar, which is a planet in the Beta Centauri star system.

Hadarians are bringers of the energies of Divine Love. If they had a motto, it would be "all you need is love". Love is usually the central theme in a Hadarian's life, and the most important area of life for any Hadarian.

The collective purpose of the Hadarians is to teach us about all the different aspects of Divine Love that we can experience on Earth – such as beauty, grace, connection, co-creation, community and togetherness. Hadarians enjoy working with others and giving to others.

The Beacon of Love

Hadarians have long been sending out the energies of Divine Love, like a beacon, to Planet Earth, so that we may be reminded of the existence of Divine Love, at times when it is needed.

However, the Hadarian's work as a group has historically attracted the attention of souls who were working with dark energy*. These souls wanted power and control over others, or at least the illusion of this. These souls incarnated among the Hadarians and were like 'wolves in sheep's clothing' — appearing to be working with Light. The Hadarians were intrigued at first by these beings that could seemingly have power over others and thought that this must be another manifestation of Divine Love. However, soon enough, the souls who were working with dark energy 'claimed' for themselves the Divine Love that the Hadarians radiated and took this soul gift 'prisoner' so that the Hadarians couldn't express this soul gift and purpose

any longer. These 'wolves in sheep's clothing' convinced the Hadarians that they had lost their control and power; that they were now slaves; and that had lost their ability to radiate Divine Love.

This was of course an illusion.

'Enslaved' and 'Escapee' Hadarians

Many Hadarians still retain the signature of these past events in their consciousness. Hadarians that you read for will fall into one of two categories — 'enslaved' or 'escapee'. Enslaved Hadarians still buy into the illusion that someone else can have control or power over them. These Hadarians will usually be quite disempowered in their lives and they will buy into the illusion that others are more powerful than they are.

Enslaved Hadarians also have a lot of fear — they are usually afraid of encountering energies such as control, hierarchy, and abuse of power, because of their past experiences. Many enslaved Hadarians may buy into notions of conspiracy and fear, such as governments purposely limiting our expression, movements or freedom. Hadarians have a fear of being taken advantage of and imprisoned and this pattern of fear, enslavement and imprisonment runs deep in the Hadarians' soul memory.

Enslaved Hadarians may experience strong, irrational fears and are also more prone to phobias than most.

On the other hand, the 'escapee' Hadarians are those who have shed the concept that another soul group can gain power over them, or otherwise enslave them or their soul gifts. As a result, they are highly functioning and much more effective in their lives than the enslaved Hadarians — they also appear to have fewer hang ups and fears.

Note: should you come across a Hadarian client, make sure to ask the following question:

"Is this client an enslaved or escapee Hadarian?"

By asking this question you will be able to glean further information about how effectively the client is likely to function in this world.

The Open–Hearted Hadarians

Hadarians are creative, playful and they have a quality of innocence, softness and purity in their way of being. They have sensitive, tender hearts and they wear them on their sleeve. Because they bring the energies of community spirit, cooperation and togetherness, they prefer to be surrounded by others, and they do not like to be alone.

Hadarians can sometimes suffer because of what they see in the world — they feel the lack of love on Planet Earth very deeply. They often feel like life here is very harsh compared to life in their home world, and as a result they may feel quite alone. Hadarians are learning not to be discouraged by what they witness here. Being discouraged may mean they radiate their loving energies less strongly, which in turn means they do not contribute as much to this planet as they might otherwise, had they not become discouraged.

Lessons in Love Relationships

Although Hadarians are here to teach us about Divine Love, they are not often satisfied with the quality of their love relationships.

The love that the Hadarians bring is unconditional and pure, but it doesn't often translate well into human relationships. This is because Hadarians love unconditionally, and give unconditionally.

When things go wrong in their personal relationships, Hadarians react by bringing even more love to the situation or to the person in question. This can often mean the Hadarian is trampled on and taken advantage of.

An example of this situation would be a woman who is in a relationship with a physically abusive man. A typical Hadarian reaction to such a situation would be to bring even more love in the hopes that the abuse would stop. However, what is usually needed is a dose of self–love (and 'tough love', perhaps.) 'Tough love' is a kind of love that is foreign to Hadarians, because their brand of love is unconditional — the kind that might urge the Hadarian to stay with the person who is abusing them!

Hadarians are really learning to put themselves first in their relationships and they are also learning that unconditional love can only truly exist in the relationship with the self. All other relationships on Earth are conditional in some way or other.

*Do Dark Souls Exist?

We cannot discuss the Hadarians without making some kind of reference to the 'dark souls' that have victimized this soul group. But what do I mean when I refer to 'dark souls' or 'souls that work with dark energy'?'

When I learned to read the Akashic Records, I was taught that there are three negative soul groups that are present here on Earth. According to the teachings I was given, negative souls are those who do not evolve ('de-evolving souls') and who do not work with Light. I was taught that these negative souls do not usually return to the light and do not receive energy from Source, and instead behave in a parasitic way, creating negativity in other souls and then siphoning off this energy from them.

However, although 'dark souls' certainly **do exist on this planet**, in my experience it is **not true** that they do not return to the light.

Instead, I prefer the term '**perpetrator lifetime**', coined by past-life regression therapist Coletta Long. According to this model, no soul who incarnates on Planet Earth (for the purposes of growth) is inherently negative, but any given lifetime could be a negative/perpetrator one. Indeed, most of us will have had at least one perpetrator lifetime throughout the life of our soul, where we have engaged in behaviours such as lying, manipulating, controlling, stealing, hurting, even killing or raping, in order to learn something in particular.

While we are experiencing a perpetrator lifetime, we won't be fully aligned with our souls and we will make damaging choices that do not reflect our souls. But we can learn a great deal from a perpetrator lifetime. Then in later lifetimes, we will usually balance the karma of our perpetrator lifetime by being the victim of a perpetrator.

So, when I refer to 'dark souls' in this course, I am referring to souls who are experiencing a perpetrator lifetime.

[Below you will find a question that I received from a student, along with my answer. The question allowed me to go much more deeply into the topic of Hadarians and dark souls, and bring it more 'down to earth', so I wanted to include it here:]

I'm hung up on the concept that Hadar was infiltrated by dark souls who incarnated as Hadarians to steal their light. It seems to contradict the ideas mentioned in the karma section, in which souls aren't dark but instead we live out perpetrator lifetimes. How can they contract

with spirit to incarnate for such a dark purpose? Are these souls reincarnating in other areas of the universe with dark intentions, might they be here on earth? — Jordan

It might help to think about the idea of "dark souls" (or souls who are going through a perpetrator lifetime) in terms of psychology AND spirituality rather than just through a spiritual lens. The term "dark souls" might be an unfortunate choice of words for these people. I think it's more loaded.

Perpetrator lifetime is probably more appropriate.

To begin with the spiritual side of things: in terms of perpetrator lifetimes, there is a lot of variety in terms of how abusive and destructive a perpetrator soul may be. The wording "stealing the light" of the Hadarians is a metaphor for emotional and psychological abuse, making someone believe they have no gifts and taking credit for someone else's achievements or goodness; making someone believe that they are worthless. Some perpetrator souls will engage in actions which are much more obvious than this, such as killing or hurting physically. While others can be more covert in the destruction/ abuse they spread around. I would say the archetype of the Hadarians/dark souls is more about emotional abuse.

So, we could say the Hadarians have a soul background of being emotionally abused and victimized, told they no longer have any purpose or worth, and because of this history, they are more prone to victimization here (for example: the abused Hadarian spouse who brings more love into the situation of abuse, hoping it will end.) And the Hadarians are really learning to overcome this here and stand up for themselves.

But back to the perpetrator or "dark souls" who have been part of that story:

Most perpetrator souls do not come into this world wanting to inflict suffering or damage to others. Sometimes, as part of their soul contract they will be abused right from the beginning themselves and learn to be abusive. In psychological terms, these people might end up with a personality disorder such as narcissistic personality disorder or even malignant narcissism because of what they have gone through in life – that's just one example. They become cut off from Divine love and an ability to relate to and care about others.

Other times, the trigger to become abusive or destructive comes from elsewhere (i.e. it may not come from abuse from caretakers or parents), but usually it will be part of

the soul's contract. There can be many reasons why a person turns abusive or destructive towards others — it is not just about a person becoming a narcissist.

Perpetrator souls are generally abusive in a lifelong way and they don't usually change during that lifetime. Of course, none of us remains in a perpetrator lifetime indefinitely. Most of us have had at least one perpetrator lifetime, sometimes more. But we don't stay within that role forever.

Dr Coletta Long is one of the past life regression therapists who noticed this concept of perpetrator lifetimes. She is a clinical psychologist/hypnotherapist who has regressed thousands of people (she's in her 80's) to past lifetimes and found that souls choose perpetrator lifetimes to learn something from it — they can be a great catalyst for the soul.

So to really whittle it down to the basics, the archetype of the Hadarian is a soul who has been emotionally or psychologically abused in the past, and who has been impacted by this. The archetype of the 'dark soul' is the malignant narcissist or the narcissist (or any soul who temporarily cuts herself off from Divine love in some way) who wants to inflict harm on others, but does not see that they do this, and does not know why.

Yes, these souls are incarnated here. Unfortunately the "dark" energy (i.e. unhealthy/abusive behaviours) are part of being incarnated here and they allow us to have certain unpleasant but very growth-inducing experiences such as being mistreated or hurt in some way. I don't know where we are headed long-term in this regard; whether or not there are fewer perpetrator lifetimes for souls these days.

When you come across Hadarians, they often have a history of abuse. As in, they've had abusive relationships or one abusive relationship that they stayed in long term. So it might help to think about it in those terms. I hope that this helped to clarify this soul group further for you.

Pleiades

Pleiadian souls come from the Pleiades, a star system in the Seven Sisters constellation.

The most defining characteristic of the Pleiadians is that they are here as catalysts, and as agents of change in the New Age. As a group, they bring in the codes for fast

change. Indeed, they have succeeded in helping us to speed up the rate of evolution on this planet. They are very dynamic and inspirational individuals who inspire us to take the steps towards our goals. If they had a motto, it would be to "just do it!"

Pleiadians and Communication

Pleiadians are excellent communicators and teachers — they love to talk. Incidentally, a lot of material has been channelled from the Pleiadians for this reason — they are vocal even when not incarnated!

Many motivational speakers are Pleiadian — after all, Pleiadians inspire us to reach our goals and this, combined with their gift for communication, makes them powerful inspirational speakers and writers.

Pleiadians like to constantly express their thoughts and opinions, and dish out advice. Although their advice is well-meaning, not everyone is always ready to hear what Pleiadians have to say.

Consequently, they are learning to respect that everyone is at the perfect place on their path, and that sometimes people need to have their own learning experiences and make their own mistakes.

The Pleiadians have a love of both technology and communications. In fact, much of our communications technology has actually been inspired by the Pleiadians, including the Internet, telecommunications, television and mass media. The Pleiadians have originated all kinds of technology which help to connect us and help us to communicate.

Pleiadians are always looking for the next exciting trend or thing. Because of this, they are often good in career roles involving product development and market research. They also make good entrepreneurs because they are dynamic, visionary and quick-thinking.

Getting from A to B & the 'Quick Fix'

Pleiadians are strong visionaries and leaders because they can see the 'big picture' and can communicate their sweeping visions to others very successfully.

Indeed, they can see **exactly** how to get from A to B, but they are often less enthusiastic about taking all the steps and little actions needed to arrive at their

destination. They can become rather frustrated because in their minds they will leap forward and leave behind all the practical details that need to become a reality, in order for them to achieve their goals. They simply want to reach their goals as fast as possible — they love speed and they dislike the principle of 'step by step'. As a result it can be highly satisfying for a Pleiadian to delegate all of the tasks to help bring about their vision.

One downside of this intense desire for instant results is that the Pleiadians have a weakness for the 'quick fix'. Some Pleiadians definitely have a tendency to engage in unscrupulous or unethical behaviours if they think it will get them what they want. Pleiadians also have the tendency to think that the end justifies the means (no matter how unethical the means may be). Historically, this is a tendency which has gotten the Pleiadians into quite a bit of trouble.

The Pleiadian 'Karmic Dump'

Around 1998, there was a large exodus of Pleiadian souls from this planet, back to their home world. This had occurred from about 1998 onwards, but the phenomenon has recently accelerated. (As a result, Pleiadians are now few and far between here, and you may encounter them infrequently in your readings.)

What Prompted This Exodus?

As a soul group, the Pleiadians had worked off the totality of their collective, soul group karma here on Planet Earth. However, many Pleiadians also decided at the same time that they no longer wanted to be bound by their individual, personal, earthly karma. And so they did something that was not sanctioned by Spirit: they persuaded other Pleiadian souls to take on and 'download' their earthly karma, and to work it off on their behalf. This is the spiritual equivalent of asking a friend to repay and work off your half a million dollar debt after your death – even if it takes her several lifetimes to do!

As a result, the souls who agreed to take on this karma feel burdened and weighed down with karma and a life purpose that isn't their own. (It is possible to do healing work to help Pleiadians to shed this karma that isn't theirs – more on this in the later, healing level of this course.)

Conclusion

In summary, Pleiadians are highly motivated and goal-oriented people, but there is great variety among them when it comes to ethics and scruples. Some Pleiadians can

be inspiring souls who walk in the light, and others can be people who engage in destructive practices and unethical behaviour (or at least what most other soul groups would consider 'unethical'!)

Be aware in any case that Pleiadians are more likely than most soul groups to shed their ethics if they think it will take them towards their goal more quickly. But their willingness to do this varies from soul to soul. We might consider the willingness to engage with dark energy as being on a scale. The Pleiadians who work only with light energy are on one extreme of the scale, but there are also some Pleiadians who engage mostly in destructive behaviour and they are on the other extreme. Many

Pleiadians will be somewhere in the middle.

A Note on Karma

When discussing the Pleiadians, I referred to their collective karma and personal karma.

What is Karma Exactly?

Karma in its simplest form is cause and effect, from moment to moment. For example, if you put your hand in the fire, you will get burned.

But karma is also in action over longer periods of time — it can be in effect over weeks, months, years, decades, and even lifetimes. We often think of karma in popular wisdom as good deeds or bad deeds coming back to us. Of bad people, we may say: "he will get what's coming to him!" In my experience as an intuitive, this is true, although we might never actually witness the karma being resolved.

When karma comes into play over a longer period of time, we might not understand or feel the karmic aspect, and we might not be able to link the cause to the effect, because we have forgotten the original cause.

For example: in one lifetime, you may choose to play the role of the perpetrator. You hurt those who love you – you may beat your wife, cheat, lie and manipulate and yet feel no remorse or pain in doing this.

In the next lifetime, the karma will usually come into play. This time around, you are married to a man who physically and emotionally abuses you and who gradually

erodes your self–esteem over several years. In the end you may find it very difficult to escape the situation. You experience first– hand what it is like to be lied to, cheated on, manipulated, and emotionally and physically bruised. Your soul has the experience from the other side, and a great understanding comes about.

This is karma being balanced, and a learning experience being completed. Perhaps once the soul has received the learning from the past–life situation and the karma has been balanced, she can now find more power and strength to leave the situation and to do what is in her immediate best interests.

Sometimes it can take several lifetimes to balance a debt of karma and sometimes karma may be balanced during the course of only one lifetime. However long it takes, karma is a constant driving force behind your soul urges and your actions.

To illustrate this, let's take the example of the woman who gets into a relationship with an abusive man to balance the karma from a perpetrator lifetime. When she marries this man, she may know that he is not a good person, but she loves him. She may say in hindsight, 'When I was marrying him, I knew it wasn't good for me, but I wanted to do it, and there was something pushing me to do it.' The 'something' that motivates and pushes us is karma. Karma drives many of our actions and our choices from lifetime to lifetime, from year to year. Karma motivates us to choose experiences that we can learn from, even if those experiences are not necessarily 'easy' ones.

So, with this understanding of karma, let's go back to the situation the Pleiadians encountered recently:

"As a soul group, the Pleiadians had worked off the totality of their collective, soul group karma here on Planet Earth…however, many Pleiadians also decided at the same time that they no longer wanted to be bound by their individual, personal, Earthly karma. And so they did something that was not sanctioned by spirit: they persuaded other Pleiadian souls to take on and 'download' their earthly karma and to work it off on their behalf…"

A soul group can work off its collective karma, but this does not mean that the souls belonging to that group have worked off their individual karma. The individual karma has nothing to do with the soul group karma. The individual karma constitutes the effects of the actions the individual Pleiadian soul has taken over many lifetimes. The soul group karma is the collective karma held by all members of a group, according to the actions that a group collectively takes over time.

On Earth, we are bound by the laws of karma. This may not be the case in other star systems, but it's certainly the case for all souls who incarnate here, including the Pleiadians. It is not possible to leave in the middle of a series of incarnations, and give your karma to someone else. It is possible to renegotiate your karma at the end of an incarnation, if you do not wish to incarnate again. But we cannot simply leave an incarnation unannounced, with all the karmic threads still hanging loose!
And so the laws of karma dictate that all Pleiadian souls who have evaded their karma will eventually be reunited with it.

Polaris

Polaris is known as the North Star or the Pole star. It is the star that has guided sea-farers and travellers over the centuries. The North Star is a symbol, both of consistency and dependability — traits that also define the Polareans — those that come to us from Polaris.

Loyalty and Reliability

Polareans are here to teach us about loyalty. They really bring the energies of loyalty and reliability to this planet. As partners and friends they are deeply loyal and reliable — their friendships tend to be long-lasting and their partnerships faithful ones. They are very good at staying in touch.

Because the Polareans have a loyal, dedicated nature, they can sometimes be overly loyal, even when their loyalties do not serve them. They will often stick with relationships and jobs even when they have clearly run their course.

Healing through Unity and Oneness

Polareans as a soul group also teach us about oneness and unity. They are especially good at uniting people behind a common cause. They are the people who keep families together, and bring groups and organizations of people together. In essence, Polareans help to create unity in groups of people and they also help to heal divides between groups. They can do this on the global level, by working with conflicting groups, such as religious or political groups who do not agree with one another.

Alternatively they may simply fulfil this purpose on the level of the family or community, by helping clashing groups and people to unite and see what they DO

have in common. Polareans teach us that behind everything, we all come from the same source, and we all seek the same basic things in life.

They help us to see our commonalities, rather than our differences. This has the side effect of being deeply healing.

Inclusivity

Polareans are the types of people who like to set up family businesses or go into business with their partner. They like to be involved in all areas of their partner's life and they often also feel this way about their children and other loved ones. They don't like people to feel 'left out'. They are democratic in their inclinations — they dislike hierarchy and like everyone to have a say in situations and decisions.

Stuckness

Most Polareans work with a grounded and 'sticky' energy that is heavy and rigid (we associate this energy with the lower chakras.) On the plus side, this helps to keep the Polarean grounded and stable in their life. On the minus side, it can allow the Polarean soul to get stuck because this energy is somewhat rigid and not so dynamic. This energy is like Earth energy — stable, grounded, heavy, solid and dependable. Remember that their star Polaris (the North Star) is a symbol of consistency and reliability for travellers throughout the centuries and so it makes sense that these people are dependable, solid and stable – flightiness is certainly not a quality we associate with the Polareans!

But as with everything, this grounded energy has its advantages and its drawbacks:

The drawbacks can manifest as Polareans finding it difficult to leave jobs and relationships that are long past their sell-by date! They can also get very stuck in their thinking, beliefs and ways. They may find it difficult to get out of certain situations, out of loyalty. It may take these people years to break promises or release commitments which no longer serve them. After all, Polareans usually take their commitments very seriously.

Some Polareans who work with this grounded, 'sticky' energy to a great extent will also find that they have issues with their weight.

This tendency to work with grounded energy is a scale – some Polareans are on one extreme of the scale – being exceedingly grounded and stable (and often having the

weight issues), and others on the opposite end of the scale will have the good fortune of naturally being able to work with dynamic, fast-paced, upper-chakra energies in addition to the very stable ones. Most Polareans will be somewhere between the two extremes. For all Polareans, there will be at least one area of life where they cling to patterns and habits that are not serving them, and there will be other areas where change comes more easily to them.

In general, they are learning to overcome the 'sticky', rigid energy in the areas of life where it does not serve them.

Connection to the Earth

Polareans have a strong connection to the Earth and to the ley lines of this planet. As a result, they can be adversely affected when the tectonic plates move and when earthquakes and tsunamis occur. They will usually feel unsettled and out of sorts for a period of time – usually days, sometimes weeks.

Procyon

This is a very rare soul group that we know little about.

The Procyons are an isolationist soul group, meaning that historically they have rejected (and still reject) any kind of interaction or cooperation with other soul groups. This is mainly to protect them from conflict and from negative influences, such as those that affected the Hadarians. Procyons are rare here on Earth because most of them do not leave their home world. If a Procyon leaves his home world, he may not return. As a result, a Procyon soul who incarnates here is usually stuck here and cannot go home. The outcome of this is that Procyons do not have a definite purpose here, in the way that other soul groups do. They can certainly learn from being here, as all star travellers do, but they usually do not know why they are here.

As a result, some Procyons may end up taking on the agenda and purpose (but not the characteristics) of another soul group. If you come across a Procyon soul, you should also ask:

'Does this Procyon soul relate to the purpose of any other soul group?' and 'If so, which one?'

Procyons and Solar Energy

The Procyons as a soul group are adept at using the sun's energy to nourish and sustain their physical bodies to the extent that some of them do not need to eat (this practice is called 'breatharianism').

They are usually found to be living in sunny places, such as California or Florida. Not all Procyons you come across will be breatharians, but this is a practice they are familiar and comfortable with as a soul group — perhaps this is something that they practised in their home world.

Procyons usually have mysterious, enchanting eyes.

Parallel

So far we have covered many soul groups who come to us from different star systems and planets.

The Parallels are a different kettle of fish altogether — they are souls who come to us from completely different universes (when I refer to 'universe', I am referring to the totality of all that is — everything that we know of: planets, star systems, galaxies, solar systems.)

Furthermore, Parallels not only come from different universes, but they exist and experience life in more than one universe at once — indeed their consciousness is usually anchored in two or more universes at any given time. So, a part of the Parallel soul is always in another place.

The Parallels are a relatively new soul group. They have been incarnating here on Planet Earth only during the last two thousand years.

Different Reasons for Coming Here

Parallel souls who come to Planet Earth are here to experience an aspect of human life that they cannot experience in their home world — Parallels are essentially here to enjoy themselves and to 'have an experience'. So, their sense of purpose as a soul is a more 'casual' one than most.

It is not always easy to say what defines the Parallels as a group, because they all come here for different reasons. For example, Parallel souls may come here to

experience **emotions, physicality, linear time,** or the concept of **nationality** (all of those are reasons I have encountered in the past.)

In order to give your Parallel client more meaningful information about their spiritual purpose, you will need to do some research in the Akashic Records to find out exactly what is behind their incarnation here.

For example, you could ask:

"Is this Parallel soul here to experience physicality/linear time/intellect/the emotions/sexuality/finances and money/nationality/tribe/communication/spiritual connection while in a body?" etc.

(These options are all included in the charts book. Also, please note that there is further info on each Parallel specialisation in the 'starseed book' provided in the members area.)

I feel that the best analogy for the Parallels' situation is that of the foreign student who has come to an English-speaking country to learn English. Like foreign students, Parallels often hang out in small groups to ease homesickness, they always seem to have one foot (or in this case, part of their consciousness) in another 'country', and like students of English, they are only here temporarily, and for a specific purpose.

A Side-Effect of the Parallels' Presence

The Parallel souls have not come here to teach us something specific, since their reason for coming here is more about their interests and goals. But through being here, they do teach us something inadvertently: they remind us that we are multi-faceted and multi-dimensional; that we do not have to be defined by any one part of us.

Susann Taylor Schier in her book 'Soul Mastery' points out that Madonna is a great example of a Parallel who teaches us this through her way of being. Madonna is someone who has re-invented herself numerous times, and refuses to be defined by one role that she holds. Lady Gaga is another example of a Parallel soul who through her performances (and personal appearance) shows us that the possibilities for self-expression are endless.

Parallels do not usually experience feeling hemmed in or restricted here on Earth, like other star travellers might. They know that life is incredibly expansive and that the possibilities for self- expression, here and elsewhere, are infinite.

Little Investment in Planet Earth

Because only a part of the Parallel soul's consciousness is tethered here, the Parallel is not grounded or anchored to the Earth plane in the same way as other souls are. Parallels may find it hard to be truly present to their life — it can sometimes seem like they are spacey and not fully invested or engaged with their human life. This does not have to be a problem for the Parallel soul — indeed it is a natural side-effect of having one's consciousness anchored in another place too.

The Angelic Realm/The Mission Realm

These are souls that come from an angelic realm. (The Angelic Realm is also called the Mission Realm. Souls that have their origins in an angelic dimension are called Mission Realmers.)

The Mission Realmers have only recently started to incarnate here, and for a very specific purpose: in the hopes of counteracting the negative aspects of life here on Earth.

However, coming to planet Earth has been quite a culture shock for these souls. After all, planet Earth is very different from the angelic realm.

The main difference between the angelic realm and the Earth realm is that angels do not evolve — they simply have a mandate from Spirit to hold and emit energies. Whereas here on planet Earth, evolution is the name of the game!

So, being here has proved much more challenging than the Mission Realmers envisaged, and their spiritual purpose of counteracting negativity has not been as successful as they had hoped.

Being vs. Doing

The first challenge for the Mission Realmers arises from their tendency to simply 'be' rather than 'do'. This is a great gift that they can bring to this planet, as many people do not or cannot take the time to stop and just 'be' — Mission Realmers bring very peaceful energies which help us to do this.

But as with everything, there is a downside to this. For the Mission Realmers, the downside is that they can often lack the motivation to achieve anything here. Moving forward and making progress in life can be a very slow process for them. They are often 'drifters', who will choose the easiest paths through life. They are often happy simply to witness, observe and watch the world go by.

Mission Realmers need to hear that any progress they make on planet Earth will be in their own time. It is natural for Mission Realmers to move forward slowly – others cannot push them. Nor should they attempt to speed up just for the sake of it, or compare themselves unfavourably with others who move forward in life more quickly.

Mission Realmers bring many gifts to this plane — including their peaceful, soothing energies, and their willingness to listen and hold a space for other people. They are also able to bring a great deal of spiritual wisdom and insight to others.

Vega

Vega is a star in the constellation of Lyra.

Vegan souls are a very rare soul group and you will encounter these souls infrequently.

Vegan souls love to be in the limelight. In terms of their personality, they are humorous; good at making people laugh and are fun to be with. These souls have a lot of light and energy and they also require a lot of attention, particularly as children.

The little information that we do have on Vegan souls comes from the work of Andrrea Hess, who states that Vegan souls bring the energies of joy and light-heartedness. Vegan souls are often found in the world of entertainment — they love to be on stage and the centre of attention, and they need to have their talents acknowledged.

Spica

Spica is a star in the constellation Virgo. An alternative name for this star is Alpha Virginus. Spicans are extremely rare here on Earth — there is thought to be only 800 of them incarnated on this planet. They do not incarnate here very often. This soul group was recently discovered by Andrrea Hess.

Bringers of Enlightenment

The Spicans are highly evolved as a group, and hold the codes for enlightenment. (Enlightenment means reaching a state of bliss that is beyond all human suffering. It is a state that usually requires a completely balanced aura.)

Spicans are not only teaching us about enlightenment — they themselves are also learning about how human beings can reach this state. Their lives may seem to be a big experiment in how one can become enlightened. They might not do this through taking the role of 'enlightened one' or spiritual teacher. Instead, they often struggle in their lives – but it's all with the purpose of showing us (and them) more about how enlightenment can be reached here.

Spicans are very non-judgmental, 'live and let live' kinds of people. They are also visionaries who can see the bigger picture behind the choices that others make and as a result, they are able to keep an outlook of neutrality and understanding.

Because of their neutrality, they may appear detached and aloof to others, or as if they do not care. However, this isn't the case. They just have a lot of respect for the choices that others make and they have faith that other souls know exactly what they are doing, on a karmic level.

Spicans and Spaciousness

Spica was quite different from planet Earth as a place of incarnation in that Spicans existed in a higher dimension and had light bodies that were very different from the physical bodies that we have here.

Unlike planet Earth, Spica was not densely populated and so Spicans had a lot of energetic 'room' in which to grow and evolve. As a result, Spicans still bring this sense of spaciousness and space to their interactions with others. They are able to hold a clear space for others in their interactions, where others are able to see their own 'stuff' and projections, like a mirror. Some people value this, and others do not like it.

Some Spicans can be uncomfortable with all the energetic 'noise' that comes from so many people incarnated and living together in a small geographical area. They may find that they need to spend a lot of time alone or in nature, to recharge their batteries and clear their energy.

Homework:

Please complete the worksheet in the workbook entitled *'Soul Groups: Gifts and Challenges – Worksheet Three'*.

Note: this worksheet can also be accessed and printed off via the 'members' area.

So, this concludes the information on the soul groups of origin. During the course of your readings, you may come across souls from new soul groups that are beginning to incarnate here – I am sure that our current knowledge of the soul groups in our solar system is but the tip of the iceberg!

Where the Information on Soul Groups Comes From

The information on the soul groups and the Archangelic Realms, as presented in this module, has come from the Akashic Records.

The person who first began researching the Akashic Records and amassing this body of information was Arlen Bock, a former mining engineer from Colorado who is also a metaphysician. Arlen Bock used a pendulum to navigate the Akashic Records and via a series of carefully worded yes/no questions, he gradually put together this body of information. The motivation for the research was to discover the spiritual purpose and plans of the star traveller souls here on Earth, so that they may be more conscious of who they are and where they came from. His wife, a channeller, was able to confirm the information for him.

Arlen Bock's information was passed on to Venessa Rahlston, who taught many students through her 'Soul Genesis' program, including Susann Taylor Schier and Mamie Wheeler. Mamie Wheeler taught Andrrea Hess, who was my teacher almost 20 years ago, through the Soul Realignment™ program.

From recently seeing Arlen Bock's original research first-hand (before it was modified and added to, over the years, by others), I can say it was much less detailed than what we have now. My impression is that Arlen Bock established facts such as 'Mintakans were always loyal to the light' and 'Mintakans have been here since 250,000 BC'. I suspect that it was his students who later noticed certain characteristics and soul gifts that their Mintakan clients consistently had, and added these to the body of knowledge. So it is that over time and over a few decades, the body of knowledge has grown into what we have in this chapter.

Thus, the chapter above is a mixture of the work of Arlen Bock, Venessa Rahlston, Susann Taylor Schier (author of the book 'Soul Mastery'), Mamie Wheeler, Andrrea Hess (founder of Soul Realignment™) and some of my discoveries and additions are in there too.

Dowsing For Soul Groups

You are now acquainted with all the soul groups. Before you research the soul groups for your practice clients, you will need to have completed all the worksheets in the workbook on the soul groups of origination. (I also recommend that you listen to the audio that I have recorded on all the different soul groups.) The reason for completing the worksheets is partly so that you have a quick reference of the main gifts and challenges of each soul group which you can have to hand during your readings.

Homework:

Dowse for your practice clients' soul groups, using the 'soul groups' chart in the charts book.

Remember to 'log off' properly after your session.